

Stirrups 'n Strides

Therapeutic Riding Center, Inc.



Striding Into the Future

Empower, Enrich & Inspire
people of all ages with physical,
mental or emotional challenges



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What makes therapeutic riding so special

Not only does riding a horse help improve strength, coordination, and balance, it also helps improve confidence, self-esteem, and attention span. Most importantly, it provides individuals a sense of freedom and independence!

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Sustainability...We need your help.

"BUY A BALE OF HAY"

OR 2 OR 3 OR 4!

Hello to our friends, families and supporters. Stirrups 'n Strides a 501(c)3 non-profit organization serve hundreds of disabled people along with many Veteran's with PTSD and alcohol/drug abuse every year. I watch many "Miracles" happen from riding a horse: an autistic child saying their horses name as their very first words! A child with Cerebral Palsy taking their first steps after riding their horse, & a Veteran having tears in their eyes as they bond with their horse!

As of March 13, in light of the Corona Virus guidelines, Stirrups 'n Strides suspended Therapeutic Riding, our Equine Learning Programs and our Equine Therapy Programs for Veterans. As with so many others, because of closing to protect the health and welfare of all concerned, financial difficulty is impending. These are tough times for all of us.

We are working hard to be resourceful and creative in covering the expenses to support our 25 horses, maintain our barns, grounds and cover staff salaries at our 2 facilities. We are focused on sustainability in the upcoming months.

We are asking for help. We need help in keeping Stirrups 'n Strides sustainable until this corona virus pandemic is under control. Being closed means no income coming in! "Buy a Bale" is a fundraising campaign to help us have enough hay for our horses. Each horse eats approximately 3 bales of hay a week. One bale of Hay is \$8.00, if you would like to provide hay for 1 horse for a week, it would cost you \$24.00! but if 20 people each bought 1 bale of hay, it would feed 7 horses for a week! Or if 75 people bought a bale of hay, it would feed all our 25 horses for a week. Anything you are able to do, would be very much appreciated. If you are able, please respond to the below address.

If you know anyone else who might be able to help, please pass my letter on to them, we greatly appreciate your support. Check out our web-site for more information on this program that changes so many lives. Please stay safe and be well.

Thank you,

Betty Gray, Executive Director
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